

The Needle and the Spoon

[Lynyrd Skynyrd](#) (1974)

Thirty days, lord and thirty nights
I'm comin' home on an airplane flight
Mama waitin' at the ticket line
Tell me son why do you stand there cryin'

It was the needle and the spoon
And a trip to the moon
Took me away, took me away

I've been feelin' so sick inside
Got to get better, lord before I die
Seven doctors couldn't help my head, they said
You better quit son before your dead

With the needle, with the spoon
And a trip to the moon
Gonna take me away, lord gonna take me away

It was the needle and the spoon

I've seen a lot of people who thought they were cool
But then again, lord I've seen a lot of fools
Well, I hope you people, lord can hear what I say
You'll have your chance to hit it some day

Don't mess with the needle or a spoon
And a trip to the moon
Well it'll take me away, lord they're going to bury you boy
Don't mess with the needle, I know, I know, I know, I know, I know

Songwriters: Allen Collins / Ronnie Van Zant

The Needle and the Spoon lyrics © Universal Music Publishing Group

Discussion Questions:

1. What are the drug references conveyed in the song?
2. How do the lyrics, music, and video portray drug use? What messages are conveyed?
3. If you were to add lyrics to this song based on some current trends of opioid/heroin use, what would the gist of it be, what would the four-line stanza be?

Next we'll view I-Team Heroin Addiction segment

4. Describe Danielle in the early months of the interview.
5. Describe her pursuit to obtain money for drugs.
6. How has Danielle's drug use impacted her family?
7. How did Danielle find the path to recovery? How did she describe her recovery process and struggles?
8. How does Lynyrd Skynyrd's song touch on some of the elements from Danielle's story?