

Cypress Hill – Insane in the brain lyrics & Discussion Questions

Warning: These lyrics contain some language that may be considered offensive.

Who you tryin' ta mess with ese?
Don't you know I'm loco?

To da one on da flam
Boy it's tough
I just toss that ham in the fryin' pan
Like spam
It's done when I come in
Slam
Damn, I feel like the Son of Sam
Don't make me wreck ya hectic
Automatic got me goin' like Gen'ral Electric
Damn
The lights are blinking I'm thinking
It's all over when I go out drinking
Oh
Makin' my mind slow,
That's why I don't fuck wit da big four-oh
Bro
I got ta' maintain
'Cause a nigga like me is goin' insane

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Do my shit undercover
Now it's time for for the blubber
Blabber
To watch dat belly get fatter
Fat boy on a diet
Don't try it
I'll check your ass like a looter in a riot
Much too fast like a sumo slammin' dat ass

Leavin' your face in the grass
You know
I don't take a chulo
Lightly
Bitch just jealous 'cause he can't outwrite me
So kick that style, wicked
Wild
Happy face nigga never seen me smile
Whip dat mainframe
I'll explain
A nigga like me is goin' insane

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Like Louie Armstrong
Play the trumpet, I'll hit dat bong
And break ya off somethin' soon
I got ta get my props
Cops
Come and try ta' snatch my crops
These pigs want to blow my house down
Head underground
To the next town
They get mad when they come to raid my pad
And I'm off in the night deuce Cad
Yes I'm the pirate
Pilot
Of this ship if I get wit' the ultraviolet dream
Hide from the red light beam
Now do you believe in the unseen
Look
But don't make ya' eyes strain
A nigga like me is goin' insane

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Insane in the membrane
Insane in the brain!

Insane in the membrane Insane in the brain!

Songwriters: Larry Muggerrud / Louis M. Freeze / Senen Reyes
Insane in the Brain lyrics © Universal Music Publishing Group

Discussion Questions:

Cypress Hill – Insane in the Brain music video

1. What are the drug references conveyed in the song?
2. How do the lyrics, music, and video drug use?
3. How does this song/video influence behavior/society?... Who is the target audience?
4. How does music and images influence the brain and memory?
5. What parts of the brain are activated?
6. The song title is “Insane in the brain”, taking what you’ve learned about the homeostatic system and the lyrics from this song, what are accurate and inaccurate messages taken from this song?

National Geographic – The Science of Addiction video

7. How do drugs work in the brain? What regions are activated?
8. How does this rewire and hi-jack the brain function?
9. How does understanding how the brain works help us understand addiction?